

# White Earth's Child Care Guide 2006



**White Earth  
Child Care Program**

(218) 983-3285

Fax: (218) 983-4106

## CHILDREN SERVICES

### Abused Children's Program

The plan for this program is to ensure that residents of the Reservation are aware of the local resources that are available for abused children and youth. This program works closely with both County and Tribal Human Services including Indian Child Welfare, Family Violence Prevention, Indian Health and Tribal Health Services.

#### Contact Information:

White Earth Reservation Family Investment Center  
PO Box 70  
Naytahwaush, MN 56566  
(218) 983-5554  
(800) 763-8629

### Adoption Services

The White Earth Adoption Program works extensively with White Earth children and members. The program can also assist members of other federally recognized Tribes in Minnesota. This program follows the Indian Child Welfare Act and other federal laws and guidelines for licensing adoptive homes and placing children in these homes. At least one potential adoptive parent must be a member of a federally recognized Tribe.

#### Contact Information:

White Earth Tribal Community Service Center  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
(800) 763-8629

### At-Home Infant Child Care Program (AHIC)

Helps families with children under one year of age cover some of the costs of staying home and caring for their infant. AHIC provides child care assistance funding to families who qualify to stay home for the first year of the baby's life. For more information, contact your county child care office or log on to [www.dhs.state.mn.us](http://www.dhs.state.mn.us) or [minnesotahelp.info](http://minnesotahelp.info) and select child care.

### Bagley Public Library

Clearwater  
Open Tuesday 3-8 pm, Wednesday 10-3 pm,  
Thursday 3-8 pm, Friday 12-5 pm, Saturday 12-4 pm. Closed on Sunday & Monday

#### Contact information:

21 Main Avenue North  
PO Box G  
Bagley, MN 56621-0666  
(218) 694-6201  
Fax: (218) 694-6201  
[bagley@larl.org](mailto:bagley@larl.org)

### Becker County Breastfeeding Coalition

Breastfeeding resource and referral.

#### Contact Information:

Becker County Community Health  
712 Minnesota Ave  
Box 1637  
Detroit Lakes, MN 56501  
(218) 847-5628 Ext. 397  
1-866-454-5628 Ext. 397  
(218) 847-9224

### Becker County Children's Initiative

A partnership of families and communities is working towards a better future for all children. Funded services include programs for pregnant & parenting teens, early childhood programs, school-based counseling, and truancy programs.

#### Contact Information:

PO Box 24  
Detroit Lakes, MN 56502  
(218) 847-4257

### Becker County Child Protection

(218) 847-5628

### Bookmobile

White Earth Reservation Book Mobile & Community Outreach Unit: The White Earth Child Care Program establishes routes to child care provider's homes, early childhood sites and/or community sites throughout the White Earth Reservation. The Book Mobile will provide early literacy services such as storytelling, library services, and Ojibwe language while supporting children with their six pre-reading skills: Phonological Awareness, Narrative Skills, Letter Knowledge, Print Motivation, Vocabulary and Print Awareness to help children develop their skills of reading. The Book Mobile will also be used as a community outreach unit as a mini-classroom for training or community services.

#### Contact Information:

White Earth Child Care Program  
PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1407  
Fax: (218) 983-4106

Boys & Girls Clubs of the White Earth Reservation  
 PO Box 186  
 Naytahwaush, MN 56566  
 (218) 936-5637 Naytahwaush  
 (218) 573-3328 Pine Point

Detroit Lakes Boys & Girls Clubs  
 PO Box 83  
 Detroit Lakes, MN 56502  
 (218) 847-5700

Camp Fire USA  
 Lakes County District  
 North Star Council  
 928 Eighth Street SE  
 Detroit Lakes, MN 56501  
 (218) 847-8514

Child and Teen Check-Ups  
 Well-child exams for children ages 0-21 enrolled in Medical Assistance. Includes vision and hearing check, laboratory tests including lead, blood, and urine as needed, immunizations if needed, a complete physical exam, health education, nutrition check, and developmental check.

Contact Information:  
 Norman-Mahnomen Public Health  
 PO Box 226  
 Mahnomen, MN 56557  
 (218) 935-2527  
 1-800-450-2527  
 Fax: (218) 935-2527

Childbirth Classes  
 Six class series. Class 1 & 2 taught by St. Mary's Labor and Delivery. Class 3 & 4 taught by Multi-County Nursing. Class 5 taught by a certified CPR Instructor. Class 6 taught by Detroit Lakes Police Department on child car seat safety.

Cost: Donation of \$30.00

Contact Information:  
 St Mary's Regional Health Center  
 1027 Washington Avenue  
 Detroit Lakes, MN 56501  
 (218) 847-5611

Lamaze Classes (White Earth)  
 The White Earth Home Health Dept. sponsors Lamaze classes in White Earth Home Health Building in White Earth. This is a FREE class. Call for schedule to register. Open to anyone, Tribal or non-tribal members. It is a 6 weeks class that helps expectant parents with relaxation

and breathing techniques. A tour of St. Mary's Hospital OB facility is scheduled per 6 weeks session.

Contact Information:  
 PO Box 496  
 White Earth, MN 56591  
 218-983-3285 Ext. 1276

Child Care Resource & Referral (CCR&R)  
 The Northwest District CCR&R serves families in the following counties: Becker, Beltrami, Clay, Clearwater, Douglas, Grant, Hubbard, Kittson, Lake of the Woods, Mahnomen, Marshall, Normal, Ottertail, Pennington, Polk, Pope, Red Lake, Roseau, Stevens, Traverse, and Wilkin.

Provides child care referrals for parents & guardians. Assists child care programs in filling vacancies; training and professional development opportunities; resource materials and lending library; grants for equipment, training & improvement.

All parents seeking child care in the NW District receive FREE referrals.

Contact Information:  
 Child Care Referrals 1-800-941-7003  
 Provider updates 1-800-452-3646  
 Training 1-800-452-3646  
 Clearwater County Child Protection  
 Clearwater County Human Services  
 Box X  
 Bagley, MN 56621  
 (218) 694-6164  
 Fax: (218) 694-3535

Communities Caring for Children  
 Communities Caring for Children is a program in 13 counties in Northwest Minnesota to encourage pregnant women to receive early and continuous prenatal care and to assist families with infants and young children to receive well-child exams and immunizations. This program is free and there are no income guidelines.

Contact Information:  
 Becker County (218) 847-5628 Ext. 397  
 Hubbard County (218) 237-5470  
 Mahnomen County (218) 935-2527  
 (800) 450-2527

Early Childhood Special Education  
 This is a school district program providing special education services to eligible children birth to seven years of age. The services include screening, assessment, and educational programming. Certified teachers provide home and center-based services based on the needs of

the individual child. Additional special education resources are available through the Bemidji Regional Interdistrict Council (BRIC)

Contact Information:

Detroit Lakes (218) 847-1863  
 Fax (218) 847-1305  
 Mahnomen-Waubun (218) 935-2581  
 Bagley (218) 694-2675  
 Clearbrook-Gonvick (218) 776-3112

BRIC

The Bemidji Regional Interdistrict Council (BRIC) is a large Special Education Services Cooperative serving 11 school districts in North Central Minnesota.

Contact Information:

(218) 751-6622  
 888-473-2742

Fax: (218) 751-6625

Early Childhood Family Education Program

This is a Community Education program for children (0-5 years) and their parents. Program goals are to strengthen families, help parents provide for their children's learning and development, and to help children develop their physical, mental, and social potentials. A minimal fee may be charged.

Contact Information:

Lincoln Education Center  
 (218) 847-4418  
 Frazee Public Schools (218) 334-2525  
 Fax: (218) 334-4696  
 White Earth ECFE (218) 983-3285  
 Ext.1234 Waubun  
 Community Education (218) 473-6163  
 Fax: (218) 473-2175

Mahnomen

Community Education (218) 935-2581  
 Bagley (218) 694-3232  
 Clearbrook-Gonvick (218) 776-3113

Even Start

Parents spend time together discussing parental concerns and providing support to each other while the children are working on developmental skills with the Early Childhood Teacher. Parents and children will also enjoy activities prepared by the Early Childhood teacher in a preschool setting.

Program combines Adult Basic Education, Early Childhood Education and Parent Education, giving families the opportunity to enhance their learning together.

Parents who wish to earn their diploma or GED and who have at least one child 7 years or younger are eligible.

Contact Information:

Detroit Lakes (218) 847-4418 Mahnomen  
 (218) 936-7323

Early Intervention Program (White Earth)

Purpose of the program:

Provide identification and intervention for children with special needs at a critical age to maximize growth and development.  
 Provide interdisciplinary services to children age birth to six years with special needs.  
 Educate and train parents in methods to facilitate their child's development.  
 Provide services in the home for children birth to three years.  
 Provide services to children ages 3-6 in Head Start Centers.  
 Train staff to implement and measure individualized goals and objectives.  
 Provide clear and simple programming for the parents, children, and staff, so that all involved have the chance to learn from each other.  
 Provide services as described by the Minnesota State Board of Education Special Education rules and guidelines.

Contact Information:

White Earth Early Intervention Program  
 PO Box 418  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1280

Early Intervention Center

This program provides educational services to any child from birth to three years of age who has been identified with a developmental delay based on the results of a comprehensive assessment. Services include Early Childhood Special Education, Speech/Language and Occupational Therapy.

Contact Information:

Roosevelt Elementary School  
 510 11th Avenue South  
 Detroit Lakes, MN 56501  
 (218) 847-1106  
 Fax: (218) 847-1305

Family Child Care Provider –

Food Programs

The Child and Adult Care Food Program (CACFP) is a United States Department of Agriculture (USDA) program that provides reimbursement for nutritious meals and snacks served to young children enrolled in a licensed family child care home across the nation. Providers have the choice of the one of the following:

**Contact Information:**

Child Care Choices 1-800-288-8549  
 Prime Providers 1-800-541-4090  
 Provider's Choice 1-800-356-5983  
 Child Care & Nutrition 1-800-634-3359

**Follow Along Program**

Babies and young children grow and learn at their own rate. Some children, though, need special help to grow up healthy and learn skills such as sitting, walking, or talking. The Follow Along Program can help you know if this is true for your child.

**Contact Information:**

MN Children with Special Health Needs  
 1-800-728-5420  
 Norman-Mahnomen Public Health  
 (218) 935-2527

**Foster Care Program**

The White Earth Foster Care Program is a program that works with Indian people on or near the White Earth Reservation who are members of a federally recognized Tribe. The program licenses and trains foster homes.

**Contact Information:**

Community Service Center  
 (218) 935-5554  
 Becker County Foster Care Licensing  
 (218) 847-5684  
 Mahnomen County Foster Care Licensing  
 (218) 935-2568  
 Clearwater County Foster Care Licensing  
 (218) 694-6164  
 Fax: (218) 694-3534

**4-H Programs**

4-H Youth Program  
 Becker County Human Services  
 712 Minnesota Avenue  
 Box 1617  
 Detroit Lakes, MN 56502  
 (218) 846-7328  
 becker@extension.umn.edu

**4-H Youth Program**

115 E. Madison Ave.  
 Mahnomen, MN 56557  
 (218) 935-2226  
 800-450-2226  
 mahnomen@extension.umn.edu

**4-H Youth Program**

213 Main Ave. N, Dept 106  
 Bagley, MN 56621  
 (218) 694-6151

800-866-3125

clearwater@extension.umn.edu

Frazee Early Childhood Programs  
 Frazee School District #23  
 Frazee Family Center houses the following programs:

Early Childhood Family Education and School Readiness Programs  
 Head Start - Home and Center Based Programs  
 Early Childhood Special Education  
 Early Intervention Program  
 Preschool Screening  
 Computers for family use  
 Library use

**Contact Information:**

PO Box 186  
 Frazee, MN 56544  
 (218) 334-2525

**Head Start Program (White Earth)**

The White Earth Head Start Programs strive to provide the best quality of comprehensive services to children, expectant parents, and families of early childhood aged children. Services provided are in the areas of: Education, Parent Involvement, Health, Safety, Nutrition, Family Partnerships, Mental Health, Disabilities, Multicultural, Literacy, Transition and Transportation. We provide activities and interaction that assists the children to develop and grow cognitively, socially, emotionally, and physically.

Head Start is offered to all areas of the White Earth Reservation. The classroom/center based option is available to children ages 3 to 5 years old. The children are transported to the centers, when they reside near the communities of Pine Point, Naytahwaush, White Earth, Waubun, and Rice Lake. The home-based/Early Head Start option is available to expectant parents and children ages 0 to 5 years. Head Start services are also implemented into 3 childcare settings for 3 to 5 years olds.

Preference is given to: Low-income families, White Earth Band enrolled members and descendents, other Native American children, children with disabilities and other special needs, per a selection point system.

Serving: Both Native Americans and Non-Native Americans residing on the White Earth Reservation.

For information or an application

**Contact Information:**

White Earth Head Start Programs  
 PO Box 418

White Earth, MN 56591  
 (218)-983-3285 or 800-950-3248  
 Fax: (218) 983-4106

Head Start/Early Head Start (Mahube)  
 Mahnomen, Hubbard & Becker  
 Comprehensive education; health, dental,  
 immunizations, and mental wellness services to  
 children. Social service, employment, education,  
 literacy and mental wellness services to families.  
 Children are enrolled in center, home base or  
 child care options that meet daily, weekly, full  
 day or half day, depending upon enrollment  
 option.

Contact Information:

Detroit Lakes (218) 847-1385

Fax: (218) 847-1388

Park Rapids (218) 732-7204

Fax: (218) 732-7206

Mahnomen (218) 935-5022

Fax: (218) 935-2770

[www.mahube.org](http://www.mahube.org)

Headwaters Parent Connection

The Headwaters Parent Connection links  
 together families of children with disabilities or  
 other special needs. Parents seeking information  
 for support and resources are matched with  
 experienced parents who share similar concerns  
 and experiences in their own lives.

Contact Information:

1819 Bemidji Ave

Bemidji, MN 56601

(218) 759-0097 or 1-800-450-7338

[arcnw@paulbunyan.net](mailto:arcnw@paulbunyan.net)

Indian Child Welfare

The purpose of the Indian Child Welfare  
 Program is to provide supportive services to  
 children and families in the areas of neglect,  
 abuse, financial counseling, parenting, and  
 domestic violence. They work closely with  
 public welfare agencies in all areas of social  
 services to Indian families. ICW handles all  
 cases of abuse and neglect on the reservation.

Contact Information:

Indian Child Welfare Program

PO Box 70

Naytahwaush, MN 56566

(218) 935-5554

(800) 763-8629

Fax: (218) 935-2598

Immunizations

Immunizations for children and adults are on a  
 fee or free basis.

Contact Information:

Norman-Mahnomen Public Health

PO Box 226

Mahnomen, MN 56557

(218) 935-2527

1-800-450-2527

Fax: (218) 935-5331

Nursing Program

PO Box 496

White Earth, MN 56591

(218) 983-3285 Ext. 1212

White Earth Home Health

PO Box 418

White Earth, MN 56591

(218) 983-3285

White Earth Indian Health Services

40520 County Highway 34

Ogema, MN 56569

(218) 983-4300

800-477-0125

Early Childhood & School-Age Education

Training Opportunities

The following training curriculums are structured  
 on the current information of child development  
 and parent/caregiver relationship building set  
 within the cultural context of Positive Indian  
 Parenting or can be separate trainings.

Brazelton Touchpoints: Touchpoints is to  
 produce a model of caregiving efficacy that  
 stresses relationships and cultivates the  
 knowledge and communication skills of  
 practitioners who work with families.  
 Touchpoints models were developed by T. Berry  
 Brazelton to build alliances between parent and  
 providers around key points in the cognitive and  
 emotional development of the young child.

Infant & Toddler Training Intensive (PITC):  
 Partners for Quality is a responsive, relationship-  
 based approach to infant/toddler care and is  
 based on sound developmental research theory,  
 and practice. ITTI training sessions are designed  
 to meet the needs and interests of those who care  
 and work with young children.

Project Exception/Center for Inclusive Child  
 Care (CICC): Project Exceptional training  
 workshops provide activities and materials in  
 that are designed for individuals who are  
 interested in expanding their knowledge about  
 inclusion in early childhood and school-age  
 settings.

Children and Challenging Behavior: Making  
 Inclusion Work: This series of topics are

promoted by Project Exceptional in helping meet children's behavioral needs.

“SEEDS of Early Literacy Begins at Birth” and “SEEDS of School Readiness”: These training opportunities will give strategies to child care providers and preschool teachers to foster a literacy enriched environment for children infant through preschool.

Parenting Counts: A Focus on Early Learning: Research is giving us an extraordinary new understanding of how a child's mind and brain develop. Babies are born with unique capabilities and we know that the way we parent can influence their development.

Cultural Dynamics Education Project (BCC): Building Cultural Connections workshops focus on increasing cultural awareness by stimulating learning through a variety of discussions and exercises. Training activities are designed to create awareness and support change.

Positive Indian Parenting: PIP curriculum is designed to provide a brief, culturally specific training for parents. A goal of the curriculum is to help Indian parents and caregivers explore the values and attitudes expressed in traditional child rearing practices and to apply those values to today's skills of parenting.

Stop it Now! : The workshop “How Understanding and Responding to Children's Sexual Behaviors Can Help Prevent Child Sexual Abuse” highlights developmentally expected sexual behaviors in children and adolescents and coaches a participants on how responding to these behaviors can be a powerful tool in preventing the sexual abuse of a child.

SIDS/Shaken Baby: Licensed family child care providers who care for infants must now document that they have received training on reducing the risk of Shaken Baby Syndrome and Sudden Infant Death Syndrome.

Contact Information:  
White Earth Child Care Program  
PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1215  
Fax: (218) 983-4106  
[www.whiteearthchildcare.com](http://www.whiteearthchildcare.com)

Lake Agassiz Regional Library (Detroit Lakes)  
Becker County

Story time for children: 10:30 a.m. Thursdays and Saturdays. Open Monday thru Wednesday, 10 a.m. to 6 p.m., Saturdays at 10 a.m. to 4 p.m.

Contact Information:  
1000 Washington Ave  
Detroit Lakes, MN 56501  
(218) 847-2168  
Fax: (218) 847-2160

Mahnomen County Child Protection  
(218) 935-2568

Mahnomen Public Library  
Mahnomen  
Open Monday 12-5 pm, Tuesday 10-3 pm,  
Thursday 12-5 pm, 6-8 pm and Friday 10-3 pm.  
Closed on Wednesday, Saturday and Sunday.

Contact Information:  
104 Madison Ave West  
Mahnomen, MN 56557  
(218) 935-2843  
Fax: (218) 935-2574

Women's Wellbriety Center  
The Women's Wellbriety Center is a primary inpatient and extended care (up to 3, 6, 9 months) chemical dependency treatment program for Native American Women, who are able to bring their young children with them. Our philosophy is based on the Medicine Wheel/Wellbriety model and we practice a holistic approach to treating Native American Women.

Contact Information:  
2388 St. Hwy. 200  
Box 359  
Mahnomen, MN 56557  
(218) 936-5653  
Fax: (218) 936-5655

Springhill Group Home  
28579 U.S. Highway 10  
Detroit Lakes, MN 56501  
(218) 847-1378  
[shill@lssmn.org](mailto:shill@lssmn.org)  
[www.lssmn.org](http://www.lssmn.org)

Minnesota Sudden Infant  
Death Center  
Sudden Infant Death Syndrome (SIDS) is the sudden death of an apparently healthy infant, usually under one year of age. The only way to identify SIDS is to eliminate other causes of death.

At present, SIDS is unpredictable and unpreventable. There are no warning signs and no way to identify which infants will be affected. Death occurs suddenly and silently during sleep.

**Contact Information:**

2525 Chicago Ave. So.  
Minneapolis, MN 55404  
(612) 813-6285 or 1-800-732-3812  
Fax: (612) 813-7344

**National Runaway Switchboard**

Crisis intervention, information and referral, message delivery, and conferencing services. Free bus rides home via the "Home Free Program."

**Contact Information:**

3080 N Lincoln Ave  
Chicago, IL 60657  
1-800-621-4000 (24 hour hotline)  
Fax: (773) 929-5150  
[www.nrscrisisline.org](http://www.nrscrisisline.org)

**Northern Lights Library Network (NLLN)**

Facilitates the cooperation between different types of libraries (public, school, academic, special, etc.) in providing library services.

**Contact Information:**

103 Graystone Plaza  
Detroit Lakes, MN 56501  
(800) 450-1032

**Parenting Classes**

**Contact Information:**

PO Box 394  
Detroit Lakes, MN 56502  
(218) 844-5661

**Positive Connections Parenting Time Center**

Supervised visitation and exchanges; providing a neutral site and maintaining a no-contact policy between parents. Also, offered are: Parent/child education and support groups (individual and group), and community education regarding the effects on children who have experienced or witnessed abuse.

**Contact Information:**

Lakes Crisis Center  
PO Box 394  
Detroit Lakes, MN 56502  
(218) 847-7343

**Public Health — Family Health**

Immunizations Registry, Infant Follow Along Program, Family Planning, Newborn–Postpartum Visits and Family Home Visiting.

**Contact Information:**

Becker County Community Health

712 Minnesota Avenue  
Box 1637  
Detroit Lakes, MN 56502  
(218) 847-5628 Ext. 397  
Fax: (218) 847-6738  
White Earth Home Health  
P.O. Box 418  
White Earth, MN 56591  
(218) 983-3285

**School Readiness - Detroit Lakes**

Education and support for parents and preschool children 3-6, or kindergarten enrollment residing in the Detroit Lakes School District.

**Contact Information:**

Lincoln Education Center  
204 East Willow  
Detroit Lakes, MN 56501  
(218) 847-4418

**School Age Child Care Programs (After School Enrichment)**

Provides supervised care through the school districts, SACC programs provide activities for children ages 5-12 years old. Most programs provide tutoring, multicultural activities, and teach life-skills, arts and crafts.

**Contact Information:**

21st Century After-School Program:  
Pine Point (Elementary) (218) 573-4114  
Monday-Thursday 3:00 pm - 5:30 pm  
Naytahwaush (218) 935-2680  
Charter,  
Monday-Friday 3:00 pm-5:15 pm  
Mahnomen (Elementary) (218) 935-2581  
Monday-Friday 3:00 pm – 5:30 pm  
Other School Age Programs  
Waubun-Ogema (218) 473-6174  
Detroit Lakes (218) 847-4418

**Minnesota Children with Special Health Needs**

(MCSHN): A program within the Minnesota Department of Health accountable for the successful performance of federal requirements related to children with special health needs and their families. District consultants are located throughout the state to provide or coordinate the following service:

**Information and Referral**

Technical Assistance and training to professionals and families  
Specialty clinics  
Consultant and support to local agencies, governments, schools, healthcare providers, etc

**Contact Information:**

MN Dept of Health District Office – Bemidji  
705 5th Street NW, Suite A

Bemidji, MN 56601  
(218) 755-6332

White Earth Child Care Program  
Child care licensing, and child care assistance  
(enrolled members & their descendants).  
Lending Library, referrals, quality improvement  
grants, training and scholarships, technical  
assistance, and co-host Brain Development  
Conference.

Contact Information:  
PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1385  
Fax: (218) 983-4106  
[www.whiteearthchildcare.com](http://www.whiteearthchildcare.com)

White Earth Reservation/County Child Care  
Liaison

Recruit child care providers. Provide information  
to prospective providers about licensing rules for  
tribal and county licensure. Also provides  
information to parents about all child care  
options available to them in the location where  
they need it. All types of training for parents &  
child care providers can also be set-up. Initiate  
collaborations between the Reservation and  
Counties for all types of child care.

Contact Information:  
PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1201  
Fax: (218) 983-4106

White Earth Fetal Alcohol Syndrome and Fetal  
Alcohol Effects Awareness Project

Contact information:  
PO Box 478  
210 South Main  
Mahnomen, MN 56557  
(218) 935-0417  
(218) 573-3920  
Fax: (218) 935-0423

White Earth Reservation Healing Families  
Program

This program provides sexual offense services  
on the White Earth Reservation. Services are free  
and confidential to victims, their families,  
friends, and other concerned persons.

Services provided include:  
Crisis Counseling/Intervention  
Legal and Medical Advocacy  
Criminal Justice Advocacy  
Personal Advocacy  
Information & Referral

Support Groups  
Transportation & Accompaniment to medical  
and legal appointments/court  
Victim Reparations Advocacy  
Contact Information:  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
1-500-845-3931 (24 hour Cell #)

## CLINICS & HOSPITALS

Bagley Clinic  
(218) 694-6112

Bagley Hospital  
(218) 694-6501

Bagley Medical Center  
(218) 694-2384

Dakota Clinic  
125 East Frazee Street  
Detroit Lakes, MN 56501  
(218) 844-2300  
1-800-224-5888

Dakota Clinic, LTD – Frazee  
114 West Main  
Frazee, MN 56544  
(218) 334-7255

Dakota Clinic, LTD – Lake Park  
2049 2nd Street  
Lake Park, MN 56554  
(218) 238-5901

Dakota Clinic, LTD – Park Rapids  
705 Pleasant Avenue  
Park Rapids, MN 56470  
(218) 732-2800

Dakota Clinic, LTD – Fosston  
Family Practice with three full time physicians:  
Dr. Wesley Ofstedal, Dr. Darren Swanson, and  
Dr. Javid Saleem and one full time certified  
physician's assistant: Corrine Dargus. Physicians  
provide ENT, podiatry, orthopedics and general  
surgery.  
Contact Information:  
102 Sather Drive  
Fosston, MN 56542  
(218) 435-1212  
800-448-1212

Fosston Hospital  
(218) 435-1133

Mahnomen Health Center – Hospital, Clinic,  
Nursing Home  
Acute and long-term care; emergency, clinic and  
physician services, PT, OT, speech therapy,  
cardiac rehab; laboratory, and radiology.  
Contact Information:  
Box 396  
Mahnomen, MN 56557  
(218) 935-2511  
Fax: (218) 935-2370

MeritCare Clinic  
1245 South Washington Avenue  
Detroit Lakes, MN 56501  
(218) 846-2000  
Fax: (218) 846-2107  
[www.meritcare.com](http://www.meritcare.com)

MeritCare Clinic – Mahnomen  
414 Jefferson Street  
PO Box 456  
Mahnomen, MN 56557  
(218) 935-2514  
Fax: (218) 935-2720  
[www.meritcare.com](http://www.meritcare.com)

St. Joseph's Area Health Service  
Hubbard, Becker, Cass, & Wadena  
St. Joseph's Area Health Services provides a  
variety of health services: emergency room,  
intensive care, orthopedics, urology, medical,  
surgical, obstetric and pediatric inpatient  
services, ambulatory care services, home health  
care, Hospice care, cardiac rehab, occupational  
therapy, physical therapy, radiology, lab, and  
respiratory care services.  
Contact Information:  
600 Pleasant Avenue  
Park Rapids, MN 56470  
(218) 732-3311  
(800) 566-3311

St. Mary's Regional Health Center  
St. Mary's Regional Health Center is licensed as  
an 87 bed acute care hospital offering  
Emergency Services, an Intensive Care Unit,  
Obstetrics, Surgical Services, Kidney Dialysis,  
Home Health, Ambulance Services, Respiratory  
Care, Cardiac Rehabilitation and Diagnostic  
Imaging (CT, Ultrasound, MRI). Attached to St.  
Mary's is our Nursing Center, a 100 bed facility  
offering skilled nursing, memory care and

restorative therapy. Lincoln Park and Winchester  
on Washington offer seniors many housing  
options, including assisted living. St. Mary's  
serves approximately 32,000 people in Detroit  
Lakes and Becker County in west central  
Minnesota.

Contact Information:  
1027 Washington Avenue  
Detroit Lakes, MN 56501  
(218) 847-5611  
[www.smrhc.com](http://www.smrhc.com)

White Earth Health Center  
Ambulatory Indian Health Service provides  
services to American Indians and Alaska  
Natives. White Earth Clinic is open 5 days per  
week. Naytahwaush Clinic is open Monday,  
Tuesday, Wednesday, and Friday. Pine Point is  
open Thursday. Services include: Dental, Mental  
Health, Laboratory, X-ray, Medical, Optometry,  
In-House Pharmacy and Physical Therapy.  
Contact Information:  
40520 County Highway 34  
Ogema, MN 56569  
(218) 983-4300  
800-477-0125

## COUNSELING & SUPPORT

Agape Caring Pregnancy Center  
To try to meet the physical, emotional and  
spiritual needs of any women who finds herself  
in a crisis pregnancy. Free pregnancy tests,  
medical referrals, and other assistance depending  
on circumstances and needs. Confidential  
counseling is by trained volunteers. No fees.  
Contact Information:  
PO Box 1318  
Detroit Lakes, MN 56502  
(218) 847-8552 (24 Hour Answering Service)

Anishinabe Legal Services  
Anishinabe Legal Services is a legal services  
coalition sponsored legal aid program that serves  
Native Americans on or around the White Earth,  
Leech Lake, and Red Lake Indian Reservations.  
ALS is not funded by the tribes but from  
government and private foundation grants. ALS  
serves low-income Native Americans and elders  
by providing free civil law legal assistance in the  
areas of social security disability, housing issues,  
employment issues and, in the case of domestic

violence, Orders for Protection and divorces. ALS may also assist with Indian Law issues. ALS does not assist with criminal law issues. People being charged with a crime who can not afford a lawyer will have to ask for a public defender.

**Contact Information:**

White Earth office in Naytahwaush  
1-877-800-7295 (toll free)  
Leech Lake office in Cass Lake  
(218) 335-2223

**Chemical Dependency**

The Chemical Dependency Program consists of four components: (1) Prevention Program: This component is designed to reach children, youth and families with factual information on chemical dependence and other related problems using films, classroom lectures, speakers, brochures, and pamphlets. (2) Outreach: Counselors are available for crisis intervention, chemical dependency assessments, information and referral. Outreach services are available in each community through home visits and satellite offices in Naytahwaush. (3) Outpatient Program: Designed for clients who are able to function within their usual environment and complete a chemical dependency treatment program. Clients must complete 60 hours of treatment that consists of group therapy, one to one counseling, chemical dependency education, AA involvement, reading and studying along with family services. (4) Aftercare: Upon completion of a primary inpatient or outpatient program, clients are admitted to the Aftercare Program and are required to complete an additional 18 hours of counseling and life skills lectures.

**Contact Information:**

PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1297  
Fax: (218) 983-3729

**Family Planning Program**

This program provides free, confidential information on methods of family planning options available. Based on age and income guidelines, all or part of a family planning physical exam with your physician and a one-year supply of the method you choose will be paid for by the program. Free confidential pregnancy test also available.

**Contact Information:**

Norman-Mahnomen Public Health  
PO Box 226

Mahnomen, MN 56557  
(218) 935-2527  
1-800-450-2527  
Fax: (218) 935-5331

The Village Family Service Center  
Intensive in home/crisis intervention service.  
Counseling/Therapy for individuals, families and groups. Attachment Program and Minnesota Adoption Services. Referrals through Becker County Social Services (218) 847-5684.  
**Contact Information:**  
800-627-8220

**Indian Child Welfare**

The purpose of the Indian Child Welfare Program is to provide supportive services to children and families in the areas of neglect, financial counseling, parenting, and domestic violence. They provide one-to-one counseling to those who want or need it. They work closely with the public welfare agencies in all areas of social services to Indian families. They will coordinate visits and provide transportation to biological parents when their children are in foster care homes, keep contact with the area clinic to make sure all immunization records are made available to foster parents, and make all applications for enrollment in the tribe when parents have failed to do so.

**Contact Information:**

PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
(800) 763-8629

Lakeland Mental Health Center  
Outpatient Mental Health Services Individual Group, Family Therapy Emergency Services, Psychiatric Evaluation and Medication Management, Day Treatment Program for Children and Adults, Domestic Violence Intervention, Employee Assistance Program, Adult Community Support Program, and Education Services to the Community.

**Contact Information:**

714 Washington Avenue  
Detroit Lakes, MN 56501  
(218) 847-1676  
Fax: (218) 847-1678

**Lakes Crisis Center**

Advocacy for: battered women, general crimes, child advocacy, and sexual assault. Support Groups: Battered Women and Children, Divorce Education, Parent Education/Support,

Professional and Public Education, Safe Exchange/Visitation Center, and Father's Building Bridges.

Contact Information:

718 Washington Avenue

PO Box 394

Detroit Lakes, MN 56502

(218) 844-5661

(218) 847-7446 (24 Hour Crisis Line)

Fax: (218) 847-6113

Legal Services of Northwest Minnesota Domestic Abuse issues. Civil issues such as divorce, custody, bankruptcy, public benefits, social security disability, and housing, etc.

Contact Information:

1015 – 7th Avenue North

Moorhead, MN 56560

(218) 233-8585 or 1-800-450-8585

215 – 4th Street NW

Bemidji, MN 56619

(218) 751-9201 or 1-800-450-9201

Mahnomen County Sheriff's Office Victim-Witness Service

This program provides crime victims with the aid and support as they move through the justice system, and assistance and services necessary to cope with the impact of the crime.

Contact Information:

PO Box 439

Mahnomen, MN 56557

(218) 935-9319 or 1-800-474-9319

Fax: (218) 935-5946

Mahube Community Council, Inc.

Assist families and individuals to help themselves become self-sufficient. The program offers guidance and support to families and individuals who would like to make changes in their present life situations. Assistance may include financial planning assistance; help with educational plans, such as school applications and financial aid applications. Referrals may be made to other helping agencies where appropriate.

Contact Information:

118 W. Madison Avenue

PO Box 76

Mahnomen, MN 56557

(218) 935-5022

Fax: (218) 935-2770

Minnesota Workforce Center – Detroit Lakes  
The Minnesota Workforce Center provides the tools, resources, and services you need for your

employment, training, and related workforce development needs.

Contact Information:

801 Roosevelt Ave

Detroit Lakes, MN 56501

(218) 846-7377

800-492-4810

Fax: (218) 846-0773

[www.mnwfc.org](http://www.mnwfc.org)

Tribal Mental Health

The White Earth Tribal Mental Health Program provides a comprehensive plan for counseling, education and support. Services offered include: crisis intervention, individual and family counseling, mental health case management, psychological testing and assessment, consultation and referral. White Earth Tribal Mental Health also provides court ordered domestic violence and anger management classes for adults and adolescents, and anger education groups in the schools.

Contact Information:

PO Box 300

White Earth, MN 56591

(218) 983-3285 Ext. 1284

Fax: (218) 983-4236

Mental Health – White Earth Health Center  
Clinical Psychologist, social workers and mental health specialist assist children and families with mental health needs and referrals. Also, provides assessment and testing for a variety of diagnosis. All referrals are confidential.

Contact Information:

40520 County Highway

Ogema, MN 56569

(218) 983-6325

800-477-0125

Northwestern Mental Health Center:

Services in Mahnomen County include home based family treatment; school based mental health services, crisis services for children with severe emotional disturbance, outreach community support and rehabilitation services for adults with severe mental illness, and emergency mental health services. Counseling and treatment for adults, children and families including early childhood mental health services, psychiatry services for children and adults, residential treatment for adults with severe mental illness and other mental health services are available at the Fosston Clinic, the main office in Crookston, or other Center sites, with

availability in Mahnommen County planned for 2006.

Contact Information:  
(218) 935-2207

Lakes Crisis and Resource Center (Father's Building Bridges)

A twelve session parenting curriculum that allows single, divorced, or separated fathers with children to interact with each other comfortably. It is designed to help fathers walk through their issues, (child support, custody, divorce court, etc.) while helping them learn about themselves and those around them. It gives much support at a lonely and confusing time for men. Most men attend much longer than twelve weeks because of the knowledge and support they receive. The time builds toward healthy relationships while emphasizing keeping their children's best interests in mind.

Contact Information:  
PO Box 394  
Detroit Lakes, MN 56501  
(218) 847-8572

Neighborhood Counseling Center  
Counseling is for adult, adolescent, child, couples, families, addiction counseling, and group therapy. Full psychological services provided.

Contact Information:  
115 Riverside Avenue  
Park Rapids, MN 56470  
(218) 732-9597  
Fax: (218) 732-8692

Northwoods Coalition for Battered Women  
Open to 24 hour shelter and crisis line. Also offers legal, financial and personal advocacy, support groups, child advocacy, walk-in services, transportation, outreach, and follow-up.

Contact Information:  
NCBW  
PO Box 563  
Bemidji, MN 56619  
1-800-588-6229 (NCBW) – Toll Free Crisis Line  
(218) 751-0211 – Crisis/Advocacy  
(218) 751-6346 – Business/Office  
(218) 751-5604 – Community Advocacy is available and Criminal Justice Intervention Project  
Fax: (218) 751-0970

Shirley J. Rader, PhD. Licensed Psychologist  
Services for individuals, couples, families, and groups. Psychological evaluations, consultations,

therapeutic horsemanship is available, and seminar. Experience and training with clients of Native American background, including experience on the White Earth Reservation.

Contact Information:  
801 Roosevelt Ave  
Detroit Lakes, MN 56501  
(218) 847-5401

Rape and Abuse Crisis Center of Fargo/Moorhead  
Crisis intervention, advocacy, assistance for victims involved with the court system, support counseling, support groups, information and referral, short-term emergency safe housing, speaker's bureau, professional training, Red Flag- Green Flag Program publications.

Contact Information:  
PO Box 2984  
Fargo, ND 58108  
(701) 293-7273 (24 hour Crisis Line)

Upper Mississippi Mental Health Center - Bemidji  
Adult, children, and family mental health counseling, psychological testing, chemical dependency, gambling, assessment, treatment, parent therapy, anger management, sexual assault treatment, and home based service.  
Contact Information:  
722 15th Street  
Bemidji, MN 56601  
1-800-422-7843  
(218) 751-3280

Upper Mississippi Mental Health Center – Park Rapids  
Individual adult, family and children's mental health counseling, chemical dependency assessment, counseling, group therapy, and medications management.

Contact Information:  
120 North Main  
Park Rapids, MN 56470  
(218) 732-7266  
Fax: (218) 732-0136

Victims of Incest and Sexual Abuse  
Therapy for children, adolescents, and adults.

Contact Information:  
Lakeland Mental Health Center  
714 Washington Avenue  
Detroit Lakes, MN 56501  
(218) 847-1676  
Fax: (218) 847-1678  
Victim Services

- General Crime Victims Program helps those who have been victimized through criminal activity. The Crime Victim advocate can serve as a liaison between you and law enforcement, prosecutors, judges, and correction agencies.

- Healing Families Sexual Assault Program helps victims of sexual assault gain access to various services. The advocate works as service provider to help with laws enforcement, mental health counseling, court proceedings, and safe housing.

- Homeless Program helps individuals who are with out housing. The specialist can help with down payments, utility hook-up, and emergency funds.

All applicants must be members of the White Earth Band of Chippewa and live on or near the reservation.

Contact Information:

PO Box 70

Naytahwaush, MN 56566

(218) 935-5554

(800) 763-8629

Village Family Service Center

Intensive in home/crisis intervention service.

Counseling/Therapy for individuals, families, and groups. Attachment Program and Minnesota Adoption Services. Referrals through Becker County Social Services (218) 847-5684.

Contact Information:

Clay County Family Service Center

715 North 11th Street, Suite 302

Moorhead, MN 56560

(701) 451-4811

Fax: (701) 451-4840

[www.thevillagefamily.org](http://www.thevillagefamily.org)

Wildgen, Wilimek & Associates

Beltrami, Hubbard, Clearwater, and Cass

Individual psychotherapy, marriage counseling, psychological testing, family counseling, children, adolescents, and medication management.

Contact Information:

1526 30th Street NW

Bemidji, MN 56601

(218) 751-0887

## DISABILITY SERVICES

Early Intervention Program

(White Earth)

Purpose of the program:

Provide identification and intervention for children with special needs at a critical age to maximize growth and development.

Provide interdisciplinary services to children age birth to six years with special needs.

Educate and train parents in methods to facilitate their child's development.

Provide services in the home for children birth to three years.

Provide services to children ages 3-6 in Head Start Centers.

Train staff to implement and measure individualized goals and objectives.

Provide clear and simple programming for the parents, children, and staff, so that all involved have the chance to learn from each other.

Provide services as described by the Minnesota State Board of Education Special Education rules and guidelines.

Contact Information:

White Earth Early Intervention Program

PO Box 418

White Earth, MN 56591

(218) 983-3285 Ext. 1280

Heartland Homes/Options in Community Living, Inc.

Residential services for persons with developmental disabilities.

Contact Information:

Box 214

Park Rapids, MN 56470

(218) 732-4572

Fax: (218) 732-8462

Lakes Homes and Program Development, Inc. – Detroit Lakes

Becker, Mahnomen, Ottertail

Residential services to individuals diagnosed as developmentally disabled and mentally ill.

Contact Information:

PO Box 1355

Detroit Lakes, MN 56502

(218) 847-5642

Fax: (218) 847-7176

Lakes Homes and Program Development, Inc. – Mahnomen

Permanent residential services children and adults who have primary diagnosis of mental retardation and associated physical, sensory, or medical handicap. Additional services include individualized assessment and program development, day activity, education, recreation, religious, social services, vocational training,

placement services, and a variety of health services.

Contact Information:  
403 SW Main Street  
Mahnomens, MN 56557  
(218) 935-5145

#### Mahnomens County Developmental Achievement Center (DAC)

To work with developmentally disabled adults for the purpose of teaching them to be as self-sufficient as possible.

Contact Information:  
Box 323  
Mahnomens, MN 56557  
(218) 935-2442

#### Vocational Rehabilitation Program

Our objective is to provide employment-oriented Vocational Rehabilitation Services for people with disabilities on the White Earth Reservation. Services provided are:

- Assistance with counseling/advocacy
- Network with other agencies
- Independent learning/ options
- Referral for medical concerns
- Network with Foster Grandparent/Senior Companion Programs
- Spiritual consultation

Program criteria: Applicant must reside on the White Earth Reservation and be an enrolled member of a federally recognized tribe.

Individual applicants must meet impairment criteria in two or more disabilities.

Contact Information:  
PO Box 7  
Naytahwaush, MN 56566  
(218) 935-5554  
(800) 763-8629  
Fax: (218) 935-0479

## EDUCATION SERVICES

#### Adult Basic Education/Continuing Education (ABE/CE – GED) Program

To help people prepare for the GED exams; to teach people to read or to improve their reading skills; to brush-up on basic skills; English as a second language, driver's education and citizenship. Also offer keyboarding, computer training, and family literacy. One-on-one instruction at arranged times.

Contact Information:  
Lakes Area Learning Center

#### Lincoln Education Building

204 East Willow  
Detroit Lakes MN 56501 (218) 847-9794

White Earth Tribal & Community College  
The White Earth Tribal & Community College, an Anishinabe controlled liberal arts institution of higher education, is dedicated to educational excellence through the provision of a culturally relevant curriculum, in partnership with students, staff, community and industries.

202 South Main Street  
Mahnomens, MN 56557  
(218) 935-0417  
Fax: (218) 935-0708  
[www.wetcc.org](http://www.wetcc.org)

#### Bagley High School ISD #162

1130 Main Avenue North  
Bagley, MN 56621  
(218) 694-3120

#### Detroit Lakes Community Education & Recreation

Education: Computers – Basic to advanced computer skills classes; Internet and e-mail classes; Word, Excel, Power Point and Access classes.

Driver's Education for students and adults.  
Early Childhood Family Education (ECFE) and School Readiness – Parent Education, Support, and Discussion Groups; Preschool Education for children birth to kindergarten enrollment; preschool on wheels and home visits; special events, story times, concerts and field trips, and indoor playtimes; ISD Census Data Collection; Kindergarten Connection and Jump Start to KC Preschool classes for children 3-5 years of age; Lending Library. Lakes Learning – Consortiums – Ada/Borup, Becker County Jail, Detroit Lakes, Lake Park, Ulen-Hitterdahl; GED Test Preparation; GED testing; basic academic and life skills training; English as a Second Language. Personal Interest – Crafts, hobbies, and personal interest courses; safety courses (CPR and Defensive Driving); trips and tours. Enrichment activities for elementary and high school students - cultural and athletic activities. Facility use and scheduling for ISD #22 – building reservations and rentals. School Age Child Care/Latch Key (year round) – After school care at Rossman and Roosevelt Elementary; All-day summer care at the Lincoln Education Center. Fitness and Recreation – Youth and Adult Fitness Classes; City Beach Supervision; City Youth Summer Recreation

(games, crafts, sports); Summer Skills Camps for Student (basketball, soccer, tennis, & volleyball); Swimming Lessons; High School Intramurals, Volleyball Leagues; Baseball and Girl's Softball.

Contact Information:

Lincoln Education Center  
204 East Willow  
Detroit Lakes, MN 56501  
(218) 847-4418  
Fax: (218) 847-9794  
[comed@detlakes.k23.mn.us](mailto:comed@detlakes.k23.mn.us)

Circle of Life School

The Circle of Life School is a K-12 school that offers a comprehensive education program to Native American students living on or near the White Earth Indian Reservation. We provide a quality program that includes Ojibwe Culture and prepares students for graduation and beyond.

Contact Information:

PO Box 447, Hwy 224  
White Earth, MN 56591  
(218) 983-4180  
Fax (218) 983-3767  
[www.colsch.org](http://www.colsch.org)

Community Education – Bagley

Community Ed and Early Childhood Family Education  
202 Bagley Ave NW  
Bagley, MN 56621  
(218) 694-3232

Community Education –

Frazee-Vergas

Services provided are: Adult and Youth Enrichment Classes, CPR and First Aid Certification, Adult Basic Education/GED Services, English as a Second Language Tutoring, Computer Classes, Parenting Classes, Recreation/Fitness Activities, & Trips, Early Childhood Family Education, school readiness programs, home visits, preschool screenings, and fatherhood programs.

Contact Information:

Hwy 87  
PO Box 186  
Frazee, MN 56544  
(218) 334-2525  
Fax: (218) 334-4696  
[www.frazee.k12.mn.us](http://www.frazee.k12.mn.us)

Community Education – Mahnomen

Services provide are: Adult and Youth Enrichment Classes, CPR and First Aid Certification, Driver Education, Early Childhood

Family Education, School Readiness, parenting classes, Recreation/Fitness activities, computer classes, after school programs (Youth Development), Adult Basic Education/GED services, and swimming program.

Contact Information:

P.O. Box 319  
Mahnomen, MN 56557  
(218) 935-2211  
Fax: (218) 935-5921  
<http://mail.mahnomen.k12.mn.us>

Community Education – Park Rapids

Services provided are: Adult Basic Education (ABE), Driver Education, Early Childhood Family Education, Enrichment Classes, and GED Testing, School Readiness, Youth Services/Youth Development, and Defensive Driving & DWI.

Contact Information:

Park Rapids Area High School  
301 Huntsinger Avenue  
Park Rapids, MN 56470  
(218) 237-6600

Detroit Lakes Public Schools

Administration Building 847-9271  
Elementary Director 847-9271  
Callaway 375-2501  
Roosevelt 847-1106  
Rossman 847-9268  
Middle School 847-9228  
Senior High 847-4491  
Special Education 847-9271  
Alternative Learning 847-5687  
Adult Basic Education (GED) 847-4418  
Community Education 847-4418

Early Childhood Special Education

Special education services available to children who have been identified with special needs based on the results of a comprehensive assessment in the Detroit Lakes school district.

Contact Information:

Roosevelt Elementary School  
510 11th Avenue  
Detroit Lakes, MN 56501  
(218) 847-1106  
(218) 847-1385 (Head Start)

Early Childhood Special Education

This is a school district program providing special education services to eligible children birth to seven years of age. The services include screening, assessment, and educational

programming. Certified teachers provide home and center-based services based on the needs of the individual child. Additional special education resources are available through the Bemidji Regional Interdistrict Council (BRIC)

Contact Information:

Mahnomen-Waubun (218) 935-2581

Ext. 130

BRIC (218) 751-6622

Even Start

Parents spend time together discussing parental concerns and providing support to each other while the children are working on developmental skills with the Early Childhood Teacher. Parents and children will also enjoy activities prepared by the Early Childhood teacher in a preschool setting.

The program combines Adult Basic Education, Early Childhood Education, and Parent Education; giving families the opportunity to enhance their learning together.

Parents would like to earn their diploma or GED and who have at least one child 7 years or younger are eligible.

Contact Information:

Detroit Lakes

(218) 847-4418

Mahnomen

(218) 936-7323

Early Intervention Program

(White Earth)

Purpose of the program:

Provide identification and intervention for children with special needs at a critical age to maximize growth and development. Provide interdisciplinary services to children age birth to six years with special needs. Educate and train parents in methods to facilitate their child's development. Provide services in the home for children birth to three years.

Provide services to children ages 3-6 in Head Start Centers. Train staff to implement and measure individualized goals and objectives.

Provide clear and simple programming for the parents, children, and staff, so that all involved have the chance to learn from each other.

Provide services as described by the Minnesota State Board of Education Special Education rules and guidelines.

Contact Information:

White Earth Early Intervention Program

PO Box 418

White Earth, MN 56591

(218) 983-3285 Ext. 1280

Early Intervention Center

Provide educational services to any child from birth to three years of age who has been identified with a developmental delay based on the results of a comprehensive assessment.

Services include Early Childhood Special Education, Speech/Language and Occupational Therapy.

Contact Information:

Roosevelt Elementary School

510 11th Avenue South

Detroit Lakes MN 56501

(218) 847-1106

Employment and Training

This program is a single comprehensive program whose goals and objectives are to provide training, educational and employment activities to low income and long-term unemployed Native American people residing in Becker, Clearwater, Mahnomen, Norman and Polk Counties.

Services offered are work experience, on the job training, classroom training, job search, job readiness, career assessment, career development and support, and educational referrals to higher education institutions.

Contact Information:

PO Box 70

Naytahwaush, MN 56566

(218) 935-5554

(800) 763-8629

Fax: (218) 935-2593

Frazee/Vergas Public Schools

304 North Lake Street

PO Box 186

Frazee, MN 56544

(218) 334-3181

[www.frazee.k12.mn.us](http://www.frazee.k12.mn.us)

Head Start Program (White Earth)

The White Earth Head Start Programs strive to provide the best quality of comprehensive services to children, expectant parents, and families of early childhood aged children.

Services provided are in the areas of: Education, Parent Involvement, Health, Safety, Nutrition, Family Partnerships, Mental Health, Disabilities, Multicultural, Literacy, Transition and Transportation. We provide activities and interaction that assists the children to develop and grow cognitively, socially, emotionally, and physically.

Head Start is offered to all areas of the White Earth Reservation. The classroom/center based option is available to children ages 3 to 5 years

old. The children are transported to the centers, when they reside near the communities of Pine Point, Naytahwaush, White Earth, Waubun, and Rice Lake. The home-based/Early Head Start option is available to expectant parents and children ages 0 to 5 years old. Head Start services are also implemented into 3 childcare settings for 3 to 5 years olds.

Preference is given to: Low-income families, White Earth Band enrolled members and descendents, other Native American children, children with disabilities and other special needs, per a selection point system.

Serving: Both Native Americans and Non-Native Americans residing on the White Earth Reservation.

For information or an application

Contact Information:

White Earth Head Start Programs  
PO Box 418

White Earth, MN 56591

983-3285 or 800-950-3248

Fax: (218) 983-4106

Head Start/Early Head Start (Mahube)

Mahnomen, Hubbard & Becker

Comprehensive education, health, dental, immunizations, and mental wellness services to children. Social services, employment, education, literacy, and mental wellness services to families.

Children are enrolled in center, home base or child care options that meet daily or weekly, full day or half day, depending upon enrollment option.

Contact Information:

Head Start Director

Detroit Lakes (218) 847-1385

Fax: (218) 847-1388

Park Rapids (218) 732-7204

Fax: (218) 732-7206

Mahnomen (218) 935-5022

Fax: (218) 935-2770

[www.mahube.org](http://www.mahube.org)

1-800-726-2764

Holy Rosary Catholic School

Preschool through 8th grade academic program is based on Christian values of the Catholic tradition.

Contact Information:

1043 Lake Ave.

Detroit Lakes, MN 56501

(218) 847-5306

Fax: (218) 847-6367

[www.holyrosarycc.org](http://www.holyrosarycc.org)

Johnson O'Malley

The federal government, under authority of the Johnson O'Malley Act of 1934, provides financial assistance for supplemental educational programs to meet the special needs of eligible. Indian students in public and contract schools and for special programs for three and four year old children. The JOM Act recognizes that American Indian and Alaska Native children in public schools have special needs due to their unique social, economic and cultural environments.

Contact Information:

(218) 983-3285 Ext. 1251

Lake Park – Audubon Public Schools

High School Office

429 Lake Street

PO Box 479

Lake Park, MN 56554

(218) 238-5914

Fax: (218) 238-5643

Elementary Office

601 4th Street

PO Box 338

Audubon, MN 56511

(218) 439-3301

Fax: (218) 439-3318

Lakes Learning Center

Becker, Clay and Norman

To help people prepare for GED exam; to teach people to read or to improve reading skills; to build-up basic skills, English as a second language, driver's education, family literacy and workforce education including resumes. Private tutoring is available.

Contact Information:

204 East Willow

Detroit Lakes, MN 56501

(218) 847-4418

Fax: (218) 847-9794

Mahnomen Alternative High School

Persons 16 to 21 can earn a high school diploma.

Contact Information:

Mahnomen Public High School

Mahnomen, MN 56557

(218) 935-2346

Mahnomen Public School District #432

Pre K – 12 public education and community education.

Contact Information:

(218) 935-2211

Fax: (218) 935-5921

#### Minnesota State University Moorhead/White Earth Program

The Minnesota State University Moorhead (MSUM)/White Earth Program is a post-secondary program designed to serve Indian students from the White Earth Reservation and the surrounding area who attend MSUM. The program assists high school and non-traditional students with the admissions and financial aid process, housing, class scheduling, advising and other support services. The program also prepares elementary students on the reservation for post-secondary opportunities. Educational and cultural events are held on the MSUM campus throughout the academic year

#### Contact Information:

(218) 983-3285 Ext. 1291

(218) 477-4272

(800) 657-3780 MSUM campus

#### Minnesota State Community & Technical College– Detroit Lakes

Provide technical education in a number of areas and to assist students in securing a job. Includes student personnel services to help with admission; financial aid, housing, student activities, tutoring, and personal counseling.

#### Contact Information:

900 Highway 34 East

Detroit Lakes, MN 56501

(218) 846-3700

800-492-4836

Fax: (218) 846-3710

#### Naytahwaush Community Charter School

The Naytahwaush Community Charter School is a child-centered environment where learning is relevant and respects the traditions and wisdom of community, family and self. Grade level: K-6

#### Contact Information:

(218) 935-2980

#### Park Rapids Area Schools – Independent School District #309

#### Contact Information:

501 Helten Avenue

Park Rapids, MN 56470

(218) 237-6220

Fax: (218) 237-6248

#### Pine Point School

The White Earth Tribal Council in collaboration with the State of Minnesota proves a unique education setting for the Pine Point Experimental

School. The Pine Point School is an independent school district that was established by the Minnesota State Legislature. In accordance with Minnesota Statute the White Earth Tribal Council is the governing body of the school. The student enrollment is 100% American Indian.

#### Contact Information:

PO Box 8

Ponsford, MN 56575

(218) 573-4100

#### St. Michael's School

Elementary School Grades Kindergarten through Grade Six; Kindergarten Enrichment on Tuesday and Thursday (optional); Regular Kindergarten classes on Monday, Wednesday and Friday. Open to students of all faiths. Staffed by licensed

(State of MN) teachers; accredited and member of the National Catholic Education Association.

#### Contact Information:

501 1st St SW

Mahnomen, MN 56557

(218) 935-5222

#### School Readiness

Education and support for parents and preschool children 3 years to kindergarten enrollment residing in the Detroit Lakes School District.

Includes: center based preschool classes for children 3-5 years of age, parent and child together sessions, parent information sessions, home visits, preschool on wheels to child care providers, individual homes, a lending library, access to computers, and the internet.

#### Contact Information:

Detroit Lakes (218) 847-4418

Frazee – Vergas (218) 334-2525

[www.frazee.k12.mn.us](http://www.frazee.k12.mn.us)

#### Special Education Cooperative

Special services to children (birth to 21) with handicaps within the Park Rapids, Nevis, Walker-Hackensack-Akeley public school districts.

#### Contact Information:

Frank White Education Center

PO Box 193

Park Rapids, MN 56470

(218) 237-6540

#### TERO (Tribal Employment Rights Ordinance)

This program provides referrals for employment, assists businesses in EEO, hiring for compliance, job skills bank, and full time or temporary employment for tribal members/descendents.

#### Contact Information:

P.O. Box 418  
 White Earth, MN 56591  
 (218) 983-4346 or 983-4306  
 Fax: (218) 983-4047

The Family Center  
 Information on community resources and referral assistances. The public can use office equipment, computer use, internet access, set up and receive email. Periodical children/parent classes are offered on varying subjects. The GED Program is also available.

Contact Information:  
 402 Lake Street  
 PO Box 479  
 Lake Park, MN 56554  
 (218) 238-5218  
 Fax: (218) 238-5217

#### White Earth Scholarship Program

The White Earth Scholarship Program is a service to provide post-secondary scholarships to enrolled members of the White Earth Band. The program may also provide additional financial aid resources, including tribal scholarships for those who are enrolled in a federal recognized tribe other than the White Earth Reservation. The WESP may also provide information on post-secondary accredited institutions. In addition to being an enrolled member of the White Earth Band, eligible students may apply to WESP and complete the FAFSA (Free Application for Federal Student Aid) at least 8 to 12 weeks prior to the first day of classes, be eligible for federal student aid, apply and be accepted in an accredited post-secondary institution and have a high school diploma or GED.

Contact Information:  
 PO Box 418  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1227  
 Fax: (218) 983-3237  
 Email: [highered@whiteearth.com](mailto:highered@whiteearth.com)

#### White Earth Tribal & Community College (WETCC)

The White Earth Tribal College offers Associate of Arts Degree Programs: Humanities, Arts & Social Science, Native American Studies, Early Childhood Education, Para-Education Degree, and Business Administration. Associate of Applied Science Degree Programs: Management Information Systems, and either an AA, AAS Environmental Science.

Contact Information:  
 202-210 South Main Street

PO Box 478  
 Mahnomen, MN 56557  
 (218) 935-0417  
[www.wetcc.org](http://www.wetcc.org)

#### Waubun/Ogema/White Earth Independent School District #435

Contact Information:  
 1013 3rd Street  
 Waubun, MN 56589  
 Waubun Elementary Office:  
 (218) 473-6174  
 Ogema Elementary Office:  
 (218) 473-6174  
 High School Office: (218) 473-6173  
 Fax: (218) 473-6190  
[www.waubun.k12.mn.us](http://www.waubun.k12.mn.us)

#### White Earth Land Recovery Project

32033 E. Round Lake Road  
 Ponsford, MN 56575  
 Contact Information:  
 (218) 573-3448  
 Fax: (218) 573-3444  
[www.welrp.org](http://www.welrp.org)

## COMMUNITY SERVICES

Becker County Economic Development Authority (EDA)  
 For information on low-income housing call:  
 (218) 846-7316

#### Biimaadiiwiin Apartments

Biimaadiiwiin is an Ojibwa word for the “good life” Biimaadiiwiin Apartments is the newest addition to Housing on the White Earth Reservation. This is a 29-unit senior housing facility located high on a hill near the White Earth Health Center and is a joint effort between the White Earth Reservation Tribal Council, White Earth Housing Authority and United Church Homes, Inc. Applicants must be 62 years old or older and meet specific income guidelines.  
 Contact Information:  
 40548 County Hwy. 34  
 White Earth, MN 56591  
 (218) 983-3006  
 Fax: (218) 983-3007

**Bookmobile**

White Earth Reservation Book Mobile & Community Outreach Unit: The White Earth Child Care Program establishes routes to child care provider's homes, early childhood sites and/or community sites throughout the White Earth Reservation. The Book Mobile will provide early literacy services such as storytelling, library services, and Ojibwe language while supporting children with their six pre-reading skills: Phonological Awareness, Narrative Skills, Letter Knowledge, Print Motivation, Vocabulary and Print Awareness to help children develop their skills of reading. The Book Mobile will also be used as a community outreach unit as a mini-classroom for training or community services.

Contact Information:

White Earth Child Care Program  
PO Box 418  
White Earth, MN 56591  
(218) 983-3285 Ext. 1407  
Fax: (218) 983-4106

**Business Support Center**

The Business Support Center provides free entrepreneurship classes to new and experienced business owners, loans to qualifying businesses, and free technical assistance to business owners.

Contact Information:

White Earth Investment Initiative  
(218) 983-4020  
ahighelk@arvig.net

**Center of Human Environment**

Group Residential Housing with supportive services for Chronic Chemically Dependent adults.

Contact Information:

2425 230th Ave  
Mahnomon, MN 56557  
(218) 935-5403  
Fax: (218) 935-5175

**Community Councils**

Callaway Community Council  
Elbow Lake Community Council  
Naytahwaush Community Council  
Pine Point Community Council  
White Earth Community Council

For council contact numbers, call the Reservation Tribal Council  
(218) 983-3285 Ext. 1292

Community Health Representative (CHR) and Telephone Number

White Earth	(218) 983-4300
Elbow Lake	(218) 734-2419
Pine Point	(218) 573-3607
Naytahwaush	(218) 935-5554
Rice Lake	(218) 694-6384

**Family Asset-Building Programs****Project JumpStart**

JumpStart provides high-quality affordable used automobiles to individuals and families living within 200 percent of federal poverty guidelines.

Contact Information:

White Earth Investment Initiative  
(218) 983-4020  
ahighelk@arvig.net

**Fire Department**

White Earth	(218) 983-3201 or Emergency – 911
Waubun	(218) 473-2490 or Emergency – 911
Mahnomen	(218) 935-2622 or Emergency – 911
Elbow Lake	(218) 734-2272 or Emergency – 911
Pine Point	911

**Free Tax Return Preparation**

To support all eligible families in receiving the Earned Income Tax Credit, free tax-return preparation is available beginning February 1.

Contact Information:

Midwest Minnesota Community Development Corporation  
(218) 844-7027  
800-752-6579

**Homebuyer Education and Financial Literacy Counseling**

Free homebuyer education classes are held periodically at pre-announced times across the reservation. Participants are eligible for free follow-up support as they travel the path to homeownership.

Contact Information:

Midwest Minnesota Community Development Corporation  
(218) 844-7027  
800-752-6579

**Hospital Number**

Mahnomen	(218) 935-2511
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Mahnomen County Heartland Express

Provides Public transportation services to residents of Mahnomen County and to/from the towns of White Earth and Ogema  
 Contact Information:  
 (218) 935-2560

Midwest Minnesota Community Development Housing  
 For information on low income and handicapped accessible rental units and housing please call:  
 (218) 847-5641  
 or check the website at [www.mmcdc.com](http://www.mmcdc.com)

Recreation Department  
 The White Earth Recreation Department is committed to providing activities for youth & adults that are alcohol and drug free. It is also one of our goals to involve each community and create a reservation wide recreation program. We strive to provide youth and adults an opportunity to participate in these various activities at no cost. We are housed at the Naytahwaush Sports Complex, which is home to a full size gymnasium, Olympic-size swimming pool, and weight room with various types of weight training machines. We are open 8 a.m. to 10 p.m. during the week and 10 a.m. to 10 p.m. on the weekend.  
 Contact Information:  
 PO Box 70  
 Naytahwaush, MN 56566  
 (218) 935-5554  
 (800) 763-8629  
 Fax: (218) 935-2593

White Earth Early Childhood Initiative Coalition  
 A community based service to ensure that all young children thrive and have a healthy life of learning, achieving and succeeding.  
 Contact Information:  
 White Earth Child Care Program  
 PO Box 418  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1201  
 Fax: (218) 983-4106

White Earth Housing Authority  
 This program provides rental housing to qualifying low income Tribal members.  
 Contact Information:  
 3303 U.S. Hwy 59  
 Waubun, MN 56589  
 (218) 473-4663  
 Fax: (218) 473-2910

White Earth Reservation Caregiver Support Program  
 Respite Care: Short term, non-medical, in-home services to provide a break for caregivers with a break. These services are available as a support to the caregiver but not to replace the established health services. Creates awareness and provides information to the White Earth Reservation Communities.  
 Contact Information:  
 (218) 983-3285 Ext. 1266  
 Fax: (218) 983-3461

White Earth Reservation Elderly Nutrition Program  
 This program provides nutritious meals to elders 55 years of age and older and their spouses. Home delivered meals are available with medical referral.  
 Contact Information:  
 Elderly Nutrition Coordinator:  
 (218) 983-3285 Ext. 1266  
 White Earth Elderly Nutrition Site:  
 (218) 983-3285 Ext. 1236  
 Naytahwaush Community  
 Service Center: (218) 935-5444 Ext. 2237  
 Big Elbow Lake Nutrition Site:  
 (218) 734-2315  
 Rice Lake Elderly Nutrition Site:  
 (218) 694-2795  
 Pine Point Elderly Nutrition Site  
 (218) 573-2210

## EMERGENCY & FINANCIAL SERVICES

Becker County Human Services  
 The Human Services Department offers four basic kinds of services: Financial Services, Social Services, Child Support and Collections, and Community Health Services. Services available to people are subject to eligibility criteria.  
 Contact Information:  
 712 Minnesota Avenue  
 Box 1637  
 Detroit Lakes, MN 56502-1637  
 (218) 847-5628  
 Fax: (218) 847-6738

Housing & Redevelopment Authority of Detroit Lakes  
 For information on low income housing.

1111 Washington Ave  
PO Box 731  
Detroit Lakes, MN 56501  
(218) 847-7859

Callaway Emergency Numbers  
911 - Fire, Sheriff, or Police  
(218) 847-2661 - Non-Emergency

#### Constituent Services

Any White Earth Band member residing on the reservation is eligible to apply for assistance provided through the Constituent Services Office if the request for assistance meets the definition for "emergency."

Contact Information:  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
(800) 763-8629

#### Crisis Care

Hubbard & Becker Counties  
24/7/365 Crisis Nursery care for up to 72 hours for children age infant through 12 years. Referrals to programs for children, including Head Start, ECFE, and child care. Assistance with locating other services in the community. Training for Crisis Care providers and phone advocates

Services are free of charge, with NO INCOME guidelines. Reasons to use Crisis Care include: sudden illness, parent or child issues, housing problems, financial or legal crisis, divorce, or anything the family considers a crisis.

Contact Information:  
CCR&R Coordinator  
(218) 732-7204  
Fax: (218) 732-7206  
[www.mahube.org](http://www.mahube.org)

Detroit Lakes Emergency Numbers  
911 - Fire, Sheriff, or Police  
(218) 847-2661 - Non-Emergency  
(218) 847-4222 - Police

Emergency Food & Shelter Grants (EFASP)  
Mahnomen, Hubbard & Becker  
Purchase food and provide funds for shelter and utilities to supplement and extend current available resources.  
Eligibility Guidelines are: low-income homeless or at-risk homeless families or individuals.  
Contact Information:  
(218) 847-1385  
Fax: (218) 847-1388

[www.mahube.org](http://www.mahube.org)

Emergency Shelter Grants Program (ESGP)  
Mahnomen, Hubbard & Becker  
Assistance to prevent homelessness is provided to families and individuals. Emergency Shelter Grant Program monies provide funding for traditional housing and prevention/support services to individuals and families to facilitate long-term independent living.

Families and individuals must be homeless or at risk of becoming homeless and must meet 200% of income guidelines.

Contact Information:  
Family Development Director  
(218) 847-1385  
Fax: (218) 847-1388

[www.mahube.org](http://www.mahube.org)  
Emergency Food Shelf

Referrals are taken on Tuesday and Thursday before 1:00 p.m.; Pick-up time at Food Shelf between 1:00 p.m. to 3:00 p.m.

Contact Information:

Becker County  
(218) 847-1385  
1-888-458-1385  
Fax: (218) 847-1388

Mahnomen County Food Shelf  
Contact Mahube Community Council  
(218) 935-5022

#### Energy Assistance Program (White Earth)

The purpose of the Energy Assistance Program is to assist low-income families with their heating bills. Energy Assistance Program can also assist them with furnace repair and replacement.

Contact Information:  
EAP Coordinator  
3303 U.S. Hwy 59  
Waubun, MN 56589  
(218) 473-4663  
[weeap@tvutel.com](mailto:weeap@tvutel.com)

Energy Assistance Program (EAP)  
Mahnomen, Hubbard & Becker Counties  
Financial aid to pay a portion of home heating costs for eligible households. Crisis intervention for no heat situations. Heating system repair or replacement is for eligible homeowners. Referrals to the Weatherization Program and other human service providers.  
Households must be residing in the service area and vulnerable to increases in home energy costs.

Contact Information:

Energy Director  
(218) 847-1385  
1-888-458-1385  
Fax: (218) 847-1388  
[www.mahube.org](http://www.mahube.org)

#### Family Homeless Prevention & Assistance Program

Mahnomen, Hubbard & Becker  
The FHPAP provides grants to encourage and support innovation at the county, region or local level in both redesigning the existing homelessness support system and in establishing a comprehensive system. Funds are used for a broad range of purposes aimed at preventing homelessness, shortening the length of stay in emergency shelters, and/or assisting with securing transitional or permanent affordable housing.

Services provided are mortgage foreclosure, rental assistance and case management. Families/Individuals must meet income guidelines, participate in case management services and contribute a percentage of their income towards rent.

Contact Information:  
Family Development Director  
(218) 847-1385  
Fax: (218) 847-1388  
[www.mahube.org](http://www.mahube.org)

#### Food Distribution Program

The White Earth Reservation Food Distribution Program provides USDA commodities to persons residing within the boundaries of the White Earth Reservation as well as any person enrolled in a federally recognized Indian Tribe residing on or near the White Earth Reservation (enrollment must be verified). The services are available to low-income persons meeting eligibility guidelines.

Contact Information:  
Food Distribution Coordinator  
2205 271st Ave.  
Mahnomen, MN, 56557  
(218) 935-2233  
Fax: (218) 935-2235  
[fooddist@tvutel.com](mailto:fooddist@tvutel.com)

#### General Crime Victims

Help victims of crime to find safe homes. Obtain order of protection/harassment. Do reparations to state or restitution to the court on behalf of victims. Covering any/all crimes that have the victims' homicide/theft/intimidation/felonies/arson/vehic

ular homicide, etc. Giving advocacy to victims of crime.

Contact Information:  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
800-763-8629

Housing Improvement Program (White Earth)  
The Housing Improvement Program offers repairs to housing that would otherwise remain substandard, repairs to housing that can now become standard, and new housing when it is established that there is no reasonable prospect of gaining housing from other sources. HIP is offered to eligible families in relation to income, family size and the family not being eligible for other available programs providing housing assistance. To meet all requirements: 1) The applicant must be enrolled in a Federally recognized tribe; 2) The present housing of the applicant must be substandard or inadequate; 3) The economic resources of the applicant are inadequate; and 4) The applicant must meet home ownership requirements.

Contact Information:  
3303 U.S. Hwy 59  
Waubun, MN 56589  
(218) 473-4663  
800-726-4016  
Fax: (218) 473-2910

Hubbard County Law Enforcement Center  
Hubbard  
Emergency lines for sheriff's department for the entire county, Park Rapids Police Department, Nevis Police Department, crisis line for Battered Women & Sexual Assault, Park Rapids, Lake George, Akeley, Nevis, and Laporte fire departments.

Contact Information:  
Court Street  
Park Rapids, MN 56470  
(218) 732-3331  
911 Emergency Line

Jones Ambulance Service  
105 Helten Avenue  
Park Rapids, MN 56470  
(218) 732-5255

#### Lakes Crisis Center

Advocacy for: battered women, general crimes, child advocacy, and sexual assault. Support Groups: Battered Women and Children, Divorce Education, Parent Education/Support,

Professional and Public Education, Safe Exchange/Visitation Center, and Father's Building Bridge

Contact Information:

718 Washington Avenue

PO Box 394

Detroit Lakes, MN 56502

877-754-9683

(218) 847-7446 (24 hour Crisis Line)

Fax: (218) 847-6113

Mahnomen Emergency Numbers

911 - Emergency Fire, Sheriff, or Police

(218) 935-2255 - Sheriff or Police

(218) 935-5381 - Fire

Mahube Crisis Care Program

Children from infancy through 12 years of age can be given safe care on a short-term basis when there is a crisis in the family. The crisis may be any situation which places stress on parents which, in turn, could be harmful to their child. When a child comes into the Crisis Care Program, our staff of trained Crisis Care Advocates will assist families by providing support, information and referrals to trained Crisis Care Shelter Homes. Our service is voluntary and confidential, unless there is evidence of abuse or neglect.

Contact Information:

1125 West River Road

PO Box 747

Detroit Lakes, MN 56502

(877) 224-6380

120 North Central

PO Box 229

Park Rapids, MN 56470

(218) 732-7204

Northwoods Coalition for Battered Women

To offer a 24 hour shelter and crisis line, legal, financial and personal advocacy, support groups, child advocacy, walk-in services, transportation, and outreach and follow-up.

Contact Information:

Shelter

PO Box 563

Bemidji, MN 56619

(800) 588-6229 - Toll Free Crisis Line

(218) 751-0211 - Crisis/Advocacy (will accept collect calls)

(218) 751-6346 - Business/Office

(218) 751-5604 - Walk-In Services and Criminal

Justice Intervention Project

Fax: (218) 751-0970

Ogema Emergency Numbers

911 – Emergency Fire, Sheriff, or Police

(218) 847-2661 – Sheriff or Police

Park Rapids Emergency Numbers

911 - Emergency Fire, Sheriff, or Police

(218) 732-3111 - Fire

(218) 732-3331 - Sheriff

(218) 732-3124 - Police

Ponsford Emergency Numbers

911 - Emergency Fire, Sheriff, or Police

(218) 847-2661 - Non-Emergency Fire, Sheriff, or Police

Richwood Emergency Numbers

911 - Emergency

Positive Connections Parenting Time Center

Becker, Mahnomen, and Hennepin

A neutral drop off & pick-up site maintaining a no contact policy between parents, supervised visitations and exchanges, parent/child education and support (individual and group), community education regarding the effects on children who have experienced or witnessed abuse.

Contact Information:

Lakes Crisis Center

PO Box 394

Detroit Lakes, MN 56502

(218) 847-7343

St. Mary's EMS

1240 Washington Avenue

Detroit Lakes, MN 56501

(218) 847-0817

Weatherization Program (White Earth)

The purpose of the Weatherization Program is to reduce fuel consumption and create a comfortable home by reducing infiltration and heating costs. Specific services offered are general weatherization services (including insulation, caulking and weather stripping) along with oil burner retrofitting. To meet eligibility guidelines a household must meet 125 percent CSA poverty guidelines and the dwelling must be in need of the service and not previously weatherized through DOE funds in the last 10 years.

Contact Information:

3303 U.S. Hwy 59

Waubun, MN 56589

(218) 473-4663

White Earth Ambulance Service  
PO Box 328  
White Earth, MN 56591  
(218) 983-3285 Ext. 1263  
(218) 983-3201 – Dispatch

White Earth Law Enforcement Center  
PO Box 269  
White Earth, MN 56591  
(218) 983-2677 or 983-3201  
Fax: (218) 983-4051

White Earth Community Crime Prevention  
(218) 473-4663

White Earth Reservation Healing Families  
(Sexual Violence)  
Crisis counseling/intervention; advocacy and support with Law Enforcement, medical and legal personnel, information and referral, support groups, transportation and accompaniment to medical and legal appointments/court (must meet program criteria), community education, and victim reparations advocacy.  
Contact Information:  
County Road 4  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554 Ext. 232  
(500) 845-3931 - Crisis Line  
Fax: (218) 935-2593

White Earth Reservation Homeless Program  
RHASP/ESP funds are targeted to serve homeless families with minor children, to include single adults, who have difficult time reaching their goals of self-sufficiency. The purpose of the RHASP/ESP program is to provide a variety of supportive service to homeless families and individuals in an effort to help them secure permanent housing, increase their household income. RHASP assistance will be provided only after an assessment of a household's need is conducted and a permanent housing plan developed. In no case shall RHASP funds be used to serve persons who are not homeless. Please feel free to call if you have any questions. Monday through Friday from 8:00 a.m. to 4:30 p.m.  
Contact Information:  
P.O. Box 7  
Ponsford, MN 56575  
(218) 573-3031  
Fax: (218) 573-3022

Healing Families Sexual Assault Program  
The Healing Families Program serves victims of sexual assault on and near the White Earth Reservation through crisis intervention, legal, medical, and personal advocacy, transportation and accompaniment to medical/legal appointments, information and referrals to other agencies/programs, victim reparations advocacy, individual support, and community education. All services are free and confidential.  
Contact Information:  
Healing Families (Sexual Assault) Program  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554 Ext. 3233  
800-763-8629  
800-543-0629 24 Hours Crisis Line

DOVE (Down on Violence Everyday) Program  
Our DOVE Program serves victims of domestic violence on and near the White Earth Reservation. This program offers help for victims that include: crisis intervention, safe-housing, legal, medical, and personal advocacy, transportation/accompaniment to medical, legal, agency appointments, information and referrals to other agencies/programs, individual support, support groups, help with filing an order for protection or harassment restraining order, and community education.  
Contact Information:  
Community Service Center  
PO Box 70  
Naytahwaush, MN 56566  
(218) 935-5554  
800-763-8629  
800-543-0629 24 Hours Crisis Line

## HEALTH SERVICES

Communities Caring for Children  
Communities Caring for Children is a program in 13 counties in NW Minnesota to encourage pregnant women to receive early and continuous prenatal care and to assist families with infants and young children to receive well-child exams and immunizations.  
Contact Information:  
Becker County Human Services  
712 Minnesota Avenue  
Detroit Lakes, MN 56470  
(218) 847-5628  
St. Joseph's Area Health Services  
600 Pleasant Avenue

Park Rapids, MN 56470  
 (218) 237-5470  
 Public Health  
 PO Box 226  
 Mahnomen, MN 56557  
 (218) 935-2527

Country Health  
 JCAHO accredited. Provide home medical equipment and services, oxygen therapy, and clinical respiratory services.  
 Contact Information:  
 219 West Front Street  
 Detroit Lakes, MN 56501  
 (218) 847-5649  
 (800) 642-2240  
 Fax: (847)-8110

Dental Services  
 White Earth Dental (218) 983-6285  
 Naytahwaush Dental (218) 935-2238  
 Pine Point Dental (218) 573-2162  
 White Earth Head Start Dental Health  
 (218) 983-3285 Ext. 1253  
 Head Start Referrals to Apple Tree Dental  
 (218) 983-3285 Ext. 1253

Diabetes Program  
 The primary goal of the White Earth Diabetes Program is to focus on primary and secondary prevention efforts, which will prevent or delay diabetes on the White Earth Reservation in youth and attempt to delay complications for diagnosed diabetics. The Diabetes Project is for the prevention and intervention of diabetes on the reservation. We feel we have one of the best Diabetes Projects in the nation.  
 Contact Information:  
 PO Box 418  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1412  
 Fax: (218) 983-4299

First Care Medical Services Home Health and Hospice  
 Mahnomen, Polk, Norman, Red Lake, Pennington, & Marshall  
 Home Health – RN, aide, PT, OT, ST, Respite, Infusion Therapy, homemaking. Hospice – RN, aide, continuous care, chaplain, SW, and volunteers.  
 Contact Information:  
 900 Hilligoss Blvd SE  
 Fosston, MN 56542  
 (218) 435-1133  
 Fax: (218) 435-2175

[www.firstcare.org](http://www.firstcare.org)

Health Education  
 Our program vision is “A Safe and Healthy Community.” Our mission is to improve the Health of our residents by providing community and individual support for adopting a wellness lifestyle that includes both prevention education and interventions. Car seat Education Program, Nicotine Replacement Therapy Program. Office hours at Indian Health Center are Mondays & Thursdays by appointment. NRT program by referral from a doctor, (218) 983-6343  
 Contact Information:  
 PO Box 418  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1356  
 Fax: (218) 983-3984

Home Health Service of Park Rapids  
 Hubbard, Becker, Cass, Wadena, Beltrami, Mahnomen, Clearwater & Ottertail  
 This service provides skilled nursing, home health aide, physical therapy, occupational therapy, and speech therapy.  
 Contact Information:  
 200 South Main Street  
 Park Rapids, MN 56470  
 (218) 732-4485

Hospice of the Red River Valley – Detroit Lakes Office  
 Becker, Mahnomen, Clay, Norman, & parts of Ottertail  
 Medicare certified non-profit organization. We provide physical, emotional and spiritual care to patients and families facing a life threatening illness in their home or in a nursing home. Services include: nursing and social work visits, spiritual support, volunteer assistance, and bereavement counseling. Available on call to families 24 hours a day.  
 Contact Information:  
 516 East Main  
 Detroit Lakes, MN 56501  
 (218) 847-9493  
 Fax: (218) 846-1446

Home Health Agency  
 White Earth Reservation  
 White Earth Home Health Agency provides services to Indian and Non-Indian population living within the reservation boundaries. Services are provided in your home or community and include: Skilled nursing visits to evaluate changing health needs Home Health

aide visits to assist with personal cares  
 Homemaking visits to enhance home safety  
 Prenatal education visits to enhance positive birth outcomes  
 LIFE Program visits to enhance family wellness  
 Long Term care consultation services to determine eligibility for waived services.  
 Blood Pressure and Blood Sugar clinics, Foot Care clinics, Immunization clinics and Head Start school screenings  
 Immunization for children & adults (No Fee). Child & Teen Check-Up, Outreach & Screenings. (MA & MN Care eligible children from birth to 20 years)  
 The White Earth Home Health Agency is a state licensed, IV certified and Medicare certified agency and may bill medical assistance, Medicare, private insurance, VA and various other sources for services.

Contact Information:

PO Box 496  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1277  
 Fax: (218) 983-3724

Lakes Crisis Center

Advocacy services for men, women and children. Support for battered women and sexual assault victims, 24-hour crisis line, safe housing, legal, transportation, support groups, information and referral, safe exchange/visitation program, general crimes program. Parent education and support groups, Kinship Mentoring and Partners in Parenting programs.

Contact Information:

PO Box 394  
 Detroit Lakes, MN 56502  
 (218) 847-7446 (collect calls accepted)

Life Program (White Earth)

The Learning In the Family Environment Program is a home visiting program designed to promote family self-sufficiency, and to improve the health and well-being of children and families living on the White Earth Reservation. Registered nurses from the White Earth Home Health Agency provide home visits for those who are pregnant or have young children under the age of two in the home. Services include skilled nursing assessments, education, intervention, and incentives to parents and children in all stages of life. Families receive high quality incentives at each home visit.

Contact Information:

PO Box 496  
 White Earth, MN 56591  
 (218) 983-3285  
 Fax: (218) 983-3724

Maternal Child Health Care Program

Public Health provides the following programs:  
 A community caring for children - encourages pregnant women to receive early and continuous prenatal care and assists families with infants and young children to receive well-child exams and immunizations. Developmental tracking for children to age 4. Immunizations at all WIC sites and by appointment. Family planning including pregnancy tests. Postpartum-newborn home visits.

Contact Information:

Mahnomen County (218) 935-2527  
 Norman County (218) 784-7499  
 Becker County (218) 847-5628

Mental Health

The Mental Health Program provides the following services: Assessments, Crisis Intervention, Individual, couple, family and group Counseling, Community based counseling with children and adolescents, Supportive ongoing and brief intervention counseling for individuals, Community education regarding mental health issues, Consultation referrals and Case management.

Counseling and supportive services are offered to families who reside on or near the White Earth Indian Reservation. Referrals are made to appropriate agencies. Strictest confidentiality is observed.

Contact Information:

PO Box 300  
 White Earth, MN 56591  
 (218) 983-3285 Ext. 1202  
 Fax: (218) 983-4236

MeritCare Home Care

Skilled nursing; physical therapy, occupational therapy, speech therapy, social service, homemaking, and personal care attendant.

Licensed by Minnesota Public Health Department.

Contact Information:

714 Lake Avenue  
 Lake Avenue Plaza  
 Detroit Lakes, MN 56501  
 (218) 847-2653  
 211 Mill Street  
 PO Box 737  
 Pelican Rapids, MN 56572  
 (218) 843-2273  
 Fax: (218) 863-6172

MeritCare

This clinic serves clients with physical or mental health needs & make referrals to local agencies for various needs including counseling, safe housing and Social Services.

Contact Information:

414 W Jefferson Street  
Mahnomon, MN 56557  
(218) 935-2514 or 800-437-4010 (ask for Mahnomon)

MinnesotaCare

MinnesotaCare is a state subsidized health coverage plan for Minnesotans who have no insurance coverage and who meet program guidelines.

Contact Information:

PO Box 64838  
St. Paul, MN 55164-0838  
(800) 657-3672  
(651) 297-3862  
Fax: (651) 282-5100

Becker County Community Health

Provides:

Case Management: elderly, ill, and disabled.  
Improved Pregnancy and Outcome Child and Teen Checkup Outreach Infectious Disease Prevention and Control Family Planning WIC nutrition program Health Promotion, education & screening Environmental-Public Health Nuisance Home visiting to support positive parenting Flu Shot Clinics Senior Health Assessment Postpartum/Newborn Visits Well Child Checkups and Screening Immunizations

Health Education

Contact Information:

Community Health  
Becker County  
712 Minnesota Avenue  
Box 1637  
Detroit Lakes, MN 56501  
(218) 847-5628 Ext. 397

Planned Parenthood of Minnesota

Information and speakers on reproductive health, birth control and related topics are available to individuals and groups. Medical services for women of child bearing age include gynecologic exams, birth control and pregnancy testing. Sexually Transmissible Infection (STI) testing and treatment are available to men and women. HIV antibody testing is also available to men and women. All services are confidential.

Contact Information:

Simonson Center

2504 Hannah Ave NW  
Bemidji, MN 56601  
(218) 751-8683  
(800) 479-8683  
1904 30th Avenue South  
Moorhead, MN 56560  
(218) 236-7145  
213 North LaBree Suite 201  
Thief River Falls, MN 56701  
(218) 681-7585  
800-303-7585

Public Health – Family Health

Immunization Registry, Infant Follow Along Program, Family Planning, Newborn-Post-Partum visits and Family home visiting.

Contact Information:

Becker County Human Services  
712 Minnesota Avenue  
Box 1637  
Detroit Lakes, MN 56501  
(218) 847-5628

Someplace Safe

24-hour crisis telephone/shelter and safe homes, respite childcare, legal advocacy, orders for protection and Safe Exchange visitation program.

Contact Information:

PO Box 815  
Fergus Falls, MN 56538-0815  
(218) 739-3359  
(800) 974-3359  
St. Joseph's Area Health Service  
Hubbard, Becker, Cass, & Wadena  
St. Joseph's Area Health Services provides a variety of health services: emergency room, intensive care, orthopedics, urology, medical, surgical, obstetric and pediatric inpatient services, ambulatory care services, home health care, Hospice care, cardiac rehab, occupational therapy and physical therapy, radiology, lab, and respiratory care services.

Contact Information:

600 Pleasant Avenue  
Park Rapids, MN 56470  
(218) 732-3311  
(800) 566-3311

St. Joseph's Area Health Services – Childbirth Preparation Classes  
Hubbard, Northern Wadena, Cass, & Eastern Becker

Preparation for childbirth. The class is designed for the last three months of pregnancy. Breathing

and relaxation, techniques are presented. Call for starting dates.

Contact Information:  
600 Pleasant Ave  
Park Rapids, MN 56470  
(218) 237-5482

St. Joseph's Area Health Services – Hubbard County WIC  
Hubbard  
Federal Nutrition Program for pregnant women, breastfeeding mothers, postpartum mothers, infants, and children to age five. Must meet income guidelines.

Contact Information:  
600 Pleasant Avenue  
Park Rapids, MN 56470  
(218) 237-5464

St. Joseph's Area Health Services – Maternal Child Health  
Hubbard

Improved pregnancy services which include assessment, teaching, coordination and referrals. Home visits or clinic sessions for pregnant women who have a high risk pregnancy and at an income level of 200% poverty.

Contact Information:  
600 Pleasant Avenue  
Park Rapids, MN 56470  
(218) 237-5470

White Earth Community Health  
Comprehensive community health nursing program assists the community and tribal health officials in assessing, planning, and evaluating health needs. Skilled nursing care to individuals and families, referrals to appropriate health agencies.

Contact Information:  
Health Education (218) 983-3285  
Home Health (218) 983-3285  
Dental Program (218) 983-6285  
Mental Health (218) 983-3285  
WIC (218) 983-6232

White Earth FAS/FAE Sacred Circle Project  
Maternal Alcohol Screening Prevention & Intervention with Women At-Risk. Sacred Circle Class teaches basic Anishinaabe life skills that are crucial for a healthy, and balance life. We use our elders and professional of our community to teach your women and their partners are invited to attend classes.

Contact Information:  
202-210 South Main Street

Box 478  
Mahnomon, MN 56557  
(218) 935-0417  
(218) 849-4868

White Earth Health Center  
Ambulatory Indian Health Service providing the services to American Indians and Alaska Natives. White Earth Clinic is open 5 days per week. Naytahwaush Clinic is open Mondays, Tuesdays, Wednesdays, and Fridays. Pine Point Clinic is open Thursdays. Services include: Dental, Mental Health, Laboratory, X-ray, Medical, Optometry, In-House Pharmacy and Physical Therapy.

Contact Information:  
40520 County Highway 34  
Ogema, MN 56569  
(218) 983-4300  
Refills: (218) 983-6380  
800-477-0125  
Fax: (218) 983-6217

WIC (Women, Infants & Children) Program  
WIC is a nutrition and education program. The purpose of the WIC program is to help improve the health of women, infants and children. This is done by providing supplemental foods, health service referrals, and nutrition education to eligible participants. WIC is not a welfare program. To become a WIC participant:  
You must be a pregnant or breast-feeding woman OR have an infant or child less than five years old.

Your gross income must be determined to be within 185% of the poverty guidelines or be participating in an automatic/adjunctive program (MA, Food Stamps, MFIP, Heads Start, Fuel Assistance, SSI, or reduced lunches).

You must live in an area served by the WIC program. The White Earth Reservation WIC Program serves a large area, which includes Becker (within the reservation boundaries), Mahnomon, and Clearwater (not interfering with Red Lake Reservation) counties.

It must be determined that YOU or YOUR INFANT OR CHILD has a nutritional need that the WIC foods and nutrition education can help overcome. Nutritional need determined by evaluating a health history form, by measuring you and your infant or child's weight and height, by performing a simple blood test, and evaluating of eating patterns.

Contact Information:  
White Earth WIC Program  
White Earth Health Center

40520 County Highway 34  
Ogema, MN 56569  
(218) 983-6232  
800-477-0125

WIC – Supplemental Food & Nutrition  
Education Program  
Becker & Norman Counties  
Supplemental food (eggs, milk, cheese, juice,  
cereals, iron fortified formula, beans and peanut  
butter), diet assessment and nutrition education,  
and breastfeeding counseling. Provides to  
pregnant and postpartum women, infants and  
children up to five years with a nutritional or  
health need.

Contact Information:  
Becker County Community Health  
712 Minnesota Avenue  
Box 1637  
Detroit Lakes, MN 56501  
(218) 847-5628 Ext. 398 or 402  
(866) 454-5628 Ext. 398 or 402  
Norman County Public Health  
WIC  
16 East 3rd Avenue N.  
Room 107  
Ada, MN 56510  
(218) 784-5425

## FAITH-BASED SERVICES

Adventist Community Services  
514 Summit Avenue  
Detroit Lakes, MN 56501  
(218) 847-0067

Assemblies of God  
208 Western Avenue South  
Park Rapids, MN 56470  
(218) 732-5605  
Fax: (218) 732-8818

Assemblies of God  
White Earth, Ogema, & Strawberry Lake  
(218) 473-2144

Assembly of God  
18330 US Hwy 59  
Detroit Lakes, MN 56501  
(218) 847-5213

Assumption Catholic Parish  
206 Dakota St.

PO Box 67  
Callaway, MN 56521  
(218) 375-3571

Bakke Lutheran Church  
25213 Co Hwy. 21  
Detroit Lakes, MN 56501  
(218) 847-7073 – Church  
(218) 847-9662 – Office

Berean Baptist Church  
1000 Lake Avenue  
Detroit Lakes, MN 56501  
(218) 847-8914

Christian Fellowship Church  
28048 Meadow Dr.  
Detroit Lakes, MN 56501  
(218) 847-3482  
(218) 846-1862 - Pastor

The Church of Jesus Christ of Latter-Day Saints  
Hwy 34 East Pelican River Rd  
Detroit Lakes, MN 56501  
(218) 847-3260

Church of St. Mary's  
55744 County 44  
Park Rapids, MN 56470  
(218) 732-4046

Church of the Nazarene  
295 Western Avenue South  
Park Rapids, MN 56470  
(218) 732-9694

United Church of Christ  
PO Box 113  
Waubun, MN 56589  
(218) 473-2966 - Church  
(218) 473-3111 – Parsonage  
(218) 473-3130 - Pastor

Community Alliance Church  
Hwy. 34 & 59  
Detroit Lakes, MN 56501  
(218) 847-2266 - Church  
(218) 847-5701 - Pastor

Congregational Church  
900 Lake  
Detroit Lakes, MN 56501  
(218) 847-4609

Elbow Lake Lutheran Church  
3317 St. Hwy. 113

Waubun, MN 56589  
(218) 734-2347 - Parsonage

Episcopal Church  
White Earth, Pine Point, & Naytahwaush  
(218) 935-5704

Faith Free Lutheran Church  
24688 Co. Hwy. 6  
Detroit Lakes, MN 56501  
(218) 847-1040 - Church

First Baptist Church  
300 East Central  
Detroit Lakes, MN 56501  
(218) 847-4571

First Baptist Church  
909 W Eighth St.  
Park Rapids, MN 56470  
(218) 732-3321  
First Baptist Church of Osage  
24068 Pine Avenue  
Osage, MN 56571  
(218) 573-3118 - Church  
(218) 573-3118 - Parsonage

First English Lutheran Church  
Park Rapids, MN 56470  
(218) 732-9466

First Lutheran Church  
912 Lake Avenue  
Detroit Lakes, MN 56501  
(218) 847-5656

Gethsemane Lutheran Church  
24382 Co. Hwy. 48  
Osage, MN 56571  
(218) 573-3574

Good Shepherd Lutheran  
Brethren Church  
Hwy. 34 East  
Park Rapids, MN 56470  
(218) 732-7446

Grace Lutheran Church (ELCA)  
213 Roosevelt Avenue  
Detroit Lakes, MN 56501  
(218) 847-4568 - Church  
(218) 847-1898 - Pastor

Holy Rosary Catholic Community  
1043 Lake Avenue  
Detroit Lakes, MN 56501

(218) 847-1393 - Parish Office  
(218) 847-5306 - School

Hubbard United Methodist Church  
12150 Broadway Rd  
Park Rapids, MN 56470  
(218) 732-0224  
hubbardumc@unitelc.com

Immanuel Lutheran Church  
510 Main Avenue  
Callaway, MN 56521  
(218) 375-2786

Immanuel Lutheran Church  
Rural Route 1  
Detroit Lakes, MN 56501  
(218) 847-8216

Jehovah's Witnesses  
220 W Central  
Detroit Lakes, MN 56501  
(218) 847-9773 - Presiding Overseer  
(218) 847-3360 - Kingdom Hall

Jehovah's Witnesses  
19420 US 71  
Park Rapids, MN 56470  
(218) 732-4290

Jesus Is Real Outreach Center  
1882 Co Hwy 21 N  
Detroit Lakes, MN 56501  
(218) 847-8080 - Center  
(218) 983-3362 - Pastor

Lakes Area Vineyard Church  
16701 Longview Dr.  
Detroit Lakes, MN 56501  
(218) 846-1199

Lund Lutheran Church  
25213 Co. Hwy 21  
Detroit Lakes, MN 56501  
(218) 847-9662

Mennonite Church  
35502 State Hwy 34  
Frazee, MN 56544  
(218) 847-5933

New Life Community Church  
600 Bridge Street.  
Park Rapids, MN 56470  
(218) 732-7000 - Church  
(218) 732-5637 - Pastor

United Methodist Church  
885 Pembina  
Detroit Lakes, MN 56501  
(218) 847-4818

Missionary Oblates of Mary Immaculate  
PO Box 417  
White Earth, MN 56591  
(218) 473-2005

Most Holy Redeemer Catholic Church  
106 Ontario St.  
Ogema, MN 56569  
(218) 983-3808

Mt. Olive Lutheran Church  
615 Rossman Avenue  
Detroit Lakes, MN 56501  
(218) 847-2080

Northern Lights Missionary Outreach  
Headquarters  
P.O. Box 83  
28372 Buffalo Lake Road  
Richwood, MN 56577  
(218) 847-1900 – Church  
(218) 847-2873 – Pastor

Northern Pines United Methodist Assembly  
Grounds  
20033 County 1  
Park Rapids, MN 56470  
(218) 732-4713

Pine Haven Christian Assembly  
16508 State 87  
Park Rapids, MN 56470  
(218) 732-9419

Richwood Lutheran  
Rural Route 2  
Richwood, MN 56577  
(218) 847-9662

Riverside United Methodist Church  
PO Box 128  
Park Rapids, MN 56470  
(218) 732-5205 - Church

St. Ann's Catholic Church  
1112 3rd Street  
Waubun, MN 56589  
(218) 473-3039

St. Benedict's Parish House

728 Hwy. 224  
Ogema, MN 56569  
(218) 983-3519

St. Columbia's Episcopal Mission  
White Earth, MN 56591  
(218) 983-3273

St. John's Lutheran Church  
803 1st St West  
Park Rapids, MN 56470  
(218) 237-9785

St. John's Lutheran Church  
37425 Co Hwy 56  
Frazee, MN 56544  
(218) 847-5064

St. John's Lutheran Church  
803 West 1st St  
Park Rapids, MN 56470  
(218) 732-9783

St. Luke's Episcopal Church  
1400 Corbett Rd  
Detroit Lakes, MN 56501  
(218) 847-5858

St Michael's Church Rectory  
120 W Jefferson Avenue  
Mahnomon, MN 56557  
(218) 935-2503

St. Peter's Catholic Church  
305 5th St. West  
Park Rapids, MN 56470  
(218) 732-5142 - Church

Seventh Day Adventist Church  
18098 Elisha Dr.  
Park Rapids, MN 56470  
(218) 732-7186

Seventh Day Adventist Church/Adventist  
Christian School  
404 Richwood Road  
Detroit Lakes, MN 56501  
(218) 847-8961

Trinity Episcopal Church  
3rd St. W & Court St.  
Park Rapids, MN 56470  
(218) 732-7393

Trinity Lutheran Church  
404 Kolb St.

Ogema, MN 56569  
(218) 983-3699

Trinity Lutheran Church  
1307 Main St.  
Waubun, MN 56589  
(218) 473-2447

Trinity Lutheran Church – ELCA  
1401 Madison Avenue  
Detroit Lakes, MN 56501  
(218) 847-7211

United Methodist Church  
885 Pembina  
Detroit Lakes, MN 56501  
(218) 847-4148  
White Earth Assembly of God  
35689 Co. Hwy 21  
Ogema, MN 56569  
(218) 983-4390

Wildwood Church Assembly of God  
HC 09  
Detroit Lakes, MN 56501  
(218) 847-4956

Zion Lutheran Church  
1100 Lake Avenue  
Detroit Lakes, MN 56501  
(218) 847-7630 - Church  
(218) 847-1083 - Pastor